

Very
easy

3km

loop hike
0h45*

▲
e⁺ 45m
e⁻ 45m



RECOMMENDATIONS

You will travel through the valleys of Haut-Béarn. You will become familiar with a rich and delicate Nature and learn the eventful history of the rocks, some are 450 million years old. The surrounding flora and fauna are the heritage of ancestral living species, sometimes preserved in the form of fossils in the stones...



Nature will have a new friend in you! You will respect the cleanliness of the premises by bringing back your waste and you will close the barriers to protect livestock. You will refrain from bringing your dog into a pastoral area and make sure to keep clean the cabins left open by the shepherds. Avoid taking samples at geological and botanical sites.



Choose a circuit suited to your physical abilities. A solid breakfast and a good snack will prevent you from any cravings. Drink water regularly, have sufficient reserve; avoid stream water which may contain bacteria.



Leave early to avoid extreme heat, protect yourself (hat, cream, sunglasses, waterproof wind breaker, warm clothes). Walking shoes are essential and a good stick will do well. Refrain from provoking the dogs in approaching the herds. Do not venture in uncertain weather: storms and fog are to be feared in the mountains.



Do not leave alone and inform a loved one (route and time of probable return). In the mountains, the cellular phone is often off-grid: stay on marked paths. When in difficulty turn back towards familiar and safe terrain. The minimal base map required is the IGN map at 1/25,000, and have a good practice in reading it. The hiking GPS loaded with maps, tracks, batteries are a good support.

Traces for download are available to you here:



USEFUL INFORMATIONS

IGN MAP: TOP 25 1546 OT

MÉTÉO FRANCE: 32 50

TER line 55 timetable:

www.ter.sncf.com/nouvelle-aquitaine

EMERGENCY CALL: 112

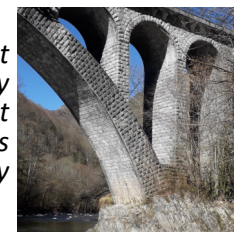


TO DISCOVER

In a loop from the Sarrance train station, set off to discover the geological and architectural heritage of this unique village.

A The Lescoudé Viaduct

This railway work of art was built at the beginning of the 20th century with limestone* blocks from the Saint Nicolas Rock (4 km to the north). Its northern pillar rests on vertically dipping* black marls*



B The Chapel and the black marls

Along the national road, the "Notre Dame de la Pierre" Chapel houses a statue with an enigmatic head sculpted in a dark stone, probably a pebble. The banks are made up of black marls.



C The Ecomuseum of Sarrance

The ecomuseum relates the legend of "Notre Dame de la Pierre", Virgin of Sarrance, a statue discovered in the Gave in the 18th century. In the 19th century, the head of the "Black Madonna" was replaced. The initial head - the stone - is kept in the museum.



D The Church and the Cloister

Built in the 14th century, the church-cloister complex was rebuilt at the beginning of the 17th century, using materials from nearby artisanal quarries: massive limestone, Gave pebbles... the slabs of the cloister are beds of black marl.



E The Sarrance Fountain

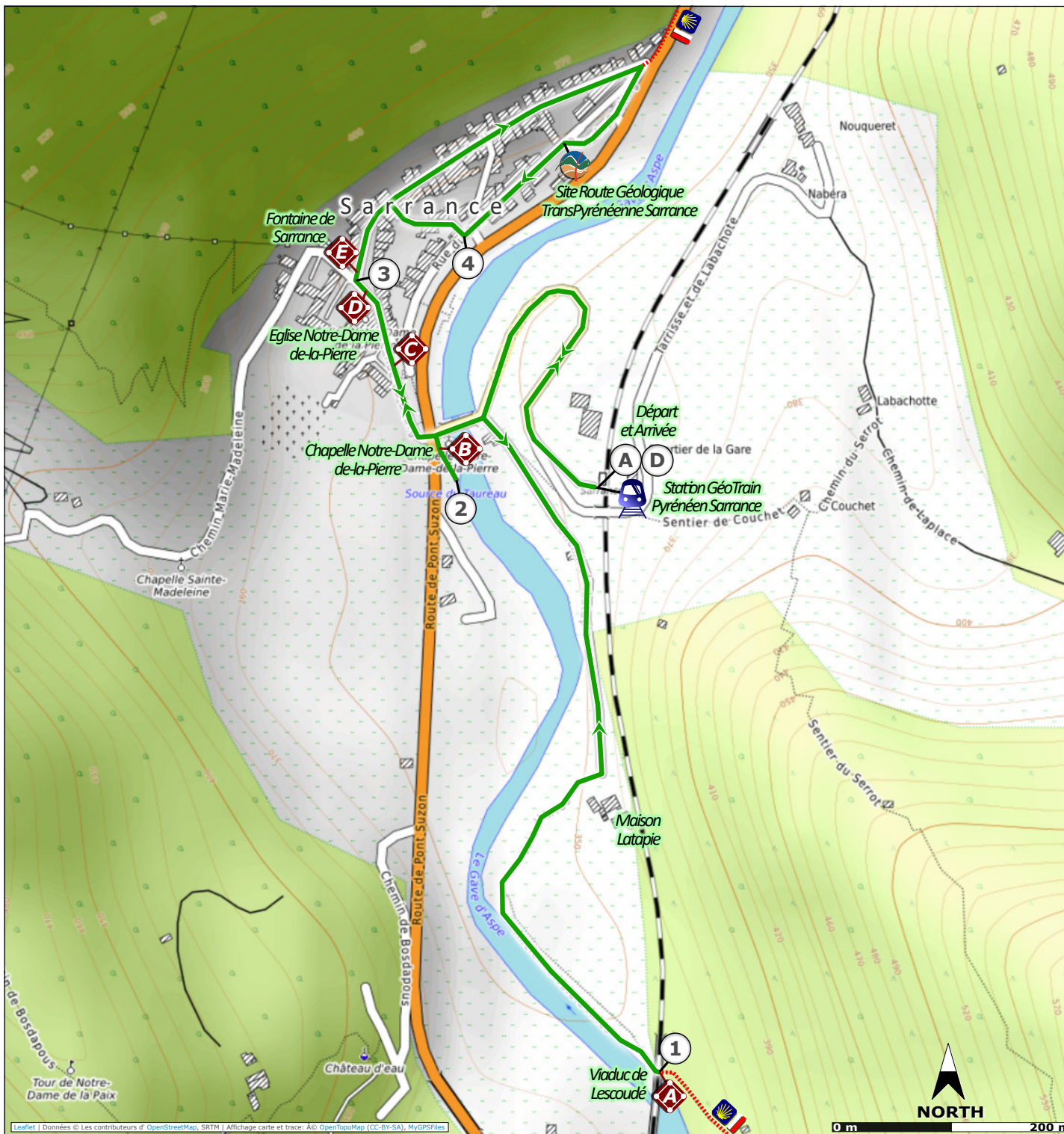
This true gem of sculpture in "Arudy stone" is offered to pilgrims of Compostela who make a stop at the monastery. It is studded with fossils of rudist*, a type of oyster that lived more than 120 myr ago, in the Cretaceous*.



myr: Millions years

* consult the geology glossary:

www.geolval.fr/index.php/geotrain/903-le-glossaire-de-geologie



Site of the Trans-Pyrenees Geological Route of Sarrance

CIRCUIT DESCRIPTION

Departure

D

From the Sarrance Station (🚂), join the Pont du Haut de Sarrance by road without crossing it, follow straight ahead the Chemin de Compostelle (Voie d'Arles) - GR65.3 (🚶🏻‍♂️🇫🇷), which is at first tarmaced, then leave this road at right before the Latapie house. Continue along a path on the right bank of the Gave d'Aspe. Reach the arches of the Lescoudé Viaduct (🏰).

1

0h14

Return to the Pont du Haut de Sarrance and cross it. Turn immediately left, pass in front of the Notre-Dame de la Pierre chapel (🏰), then go down a path on the left, to arrive at the Gave.

2

0h24

Return to the level of the chapel, cross the RN134 a little further on at the pedestrian crossing on the left, then continue straight through an elevated car park (🚗) and a street which goes up to the church on the left (🏰).

3

0h28

Continue to the right, passing the wash-house and the fountain (🏰), and continue north along Rue du Bourg. Just before the RN134, turn right and arrive at the parking lot along the national road (🚗). Continue towards the South via Rue d'en Bas, passing in front of the town hall, leave an alley on the right and arrive at the intersection of Chemin de Maysounabe on the right.

4

0h35

Take the path, at the end, turn left to return via the same circuit to the Sarrance station (🚂).

A

Arrival
0h45

