



CIRCUITS AROUND SARRANCE

1

SARRANCE - BEDOUS

Very
easy

8,8km

2H30*

e+ 260m
e- 215m



GÉOTRAIN
GeolVal PYRÉNÉEN

2022 edition

RECOMMENDATIONS

You will travel through the valleys of Haut-Béarn. You will become familiar with a rich and delicate Nature and learn the eventful history of the rocks, some are 450 million years old. The surrounding flora and fauna are the heritage of ancestral living species, sometimes preserved in the form of fossils in the stones...



Nature will have a new friend in you! You will respect the cleanliness of the premises by bringing back your waste and you will close the barriers to protect livestock. You will refrain from bringing your dog into a pastoral area and make sure to keep clean the cabins left open by the shepherds. Avoid taking samples at geological and botanical sites.



Choose a circuit suited to your physical abilities. A solid breakfast and a good snack will prevent you from any cravings. Drink water regularly, have sufficient reserve; avoid stream water which may contain bacteria.



Leave early to avoid extreme heat, protect yourself (hat, cream, sunglasses, waterproof wind breaker, warm clothes). Walking shoes are essential and a good stick will do well. Refrain from provoking the dogs in approaching the herds. Do not venture in uncertain weather: storms and fog are to be feared in the mountains.



Do not leave alone and inform a loved one (route and time of probable return). In the mountains, the cellular phone is often off-grid: stay on marked paths. When in difficulty turn back towards familiar and safe terrain. The minimal base map required is the IGN map at 1/25,000, and have a good practice in reading it. The hiking GPS loaded with maps, tracks, batteries are a good support.

Traces for download are available to you here:



USEFUL INFORMATIONS

IGN MAP: TOP 25 1546 OT

MÉTÉO FRANCE: 32 50

TER line 55 timetable:

www.ter.sncf.com/nouvelle-aquitaine

EMERGENCY CALL: 112



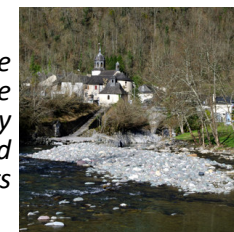
TO DISCOVER

From the Sarrance station up to that of the Bedous station, set off for a long walk on the Chemins de Compostela, discovering geological and heritage treasures.



The pebbles of the Gave d'Aspe

Under the Sarrance bridge, the pebbles of the Gave d'Aspe are derived from the erosion of rocky escarpments upstream. Transported by waterways, these rock fragments collide, become blunt and rounded.



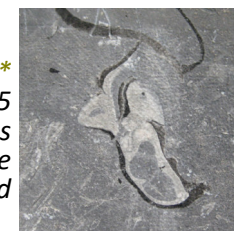
The Lescoudé viaduct

This railway engineering work was built at the beginning of the 20th century with blocks of limestone rock from the St Nicolas Formation (4km to the north), consolidated with lime mortar from the Lameignière quarry (Orthez).



Marine fossils in the mountains

Along the path, gray limestone* rocks outcrops formed nearly 115 million years ago in a sea that has now disappeared. This limestone contains small marine fossils called rudists*.



The lime kiln of our ancestors

Our ancestors made lime from fragments of limestone rock that they found nearby. It was produced in ovens heated to more than 800°C, and was already used for homes, agriculture, etc.



The reliefs of the Bedous valley

In the heart of the Bedous valley shaped by glaciers and rivers, some reliefs stand out. They have resisted time and erosion, and are made of a very resistant rock resulting from magma, ophite*, often used as railway ballast*.

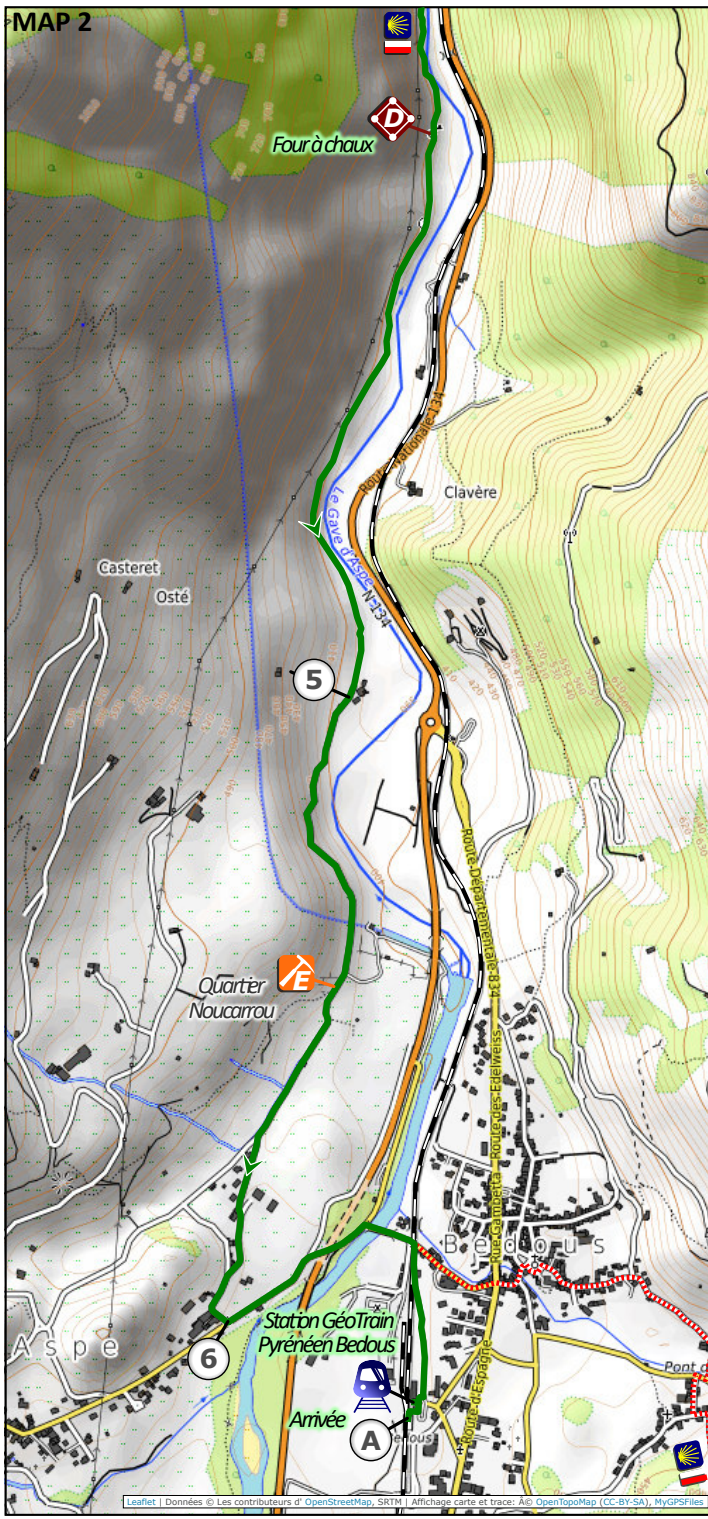
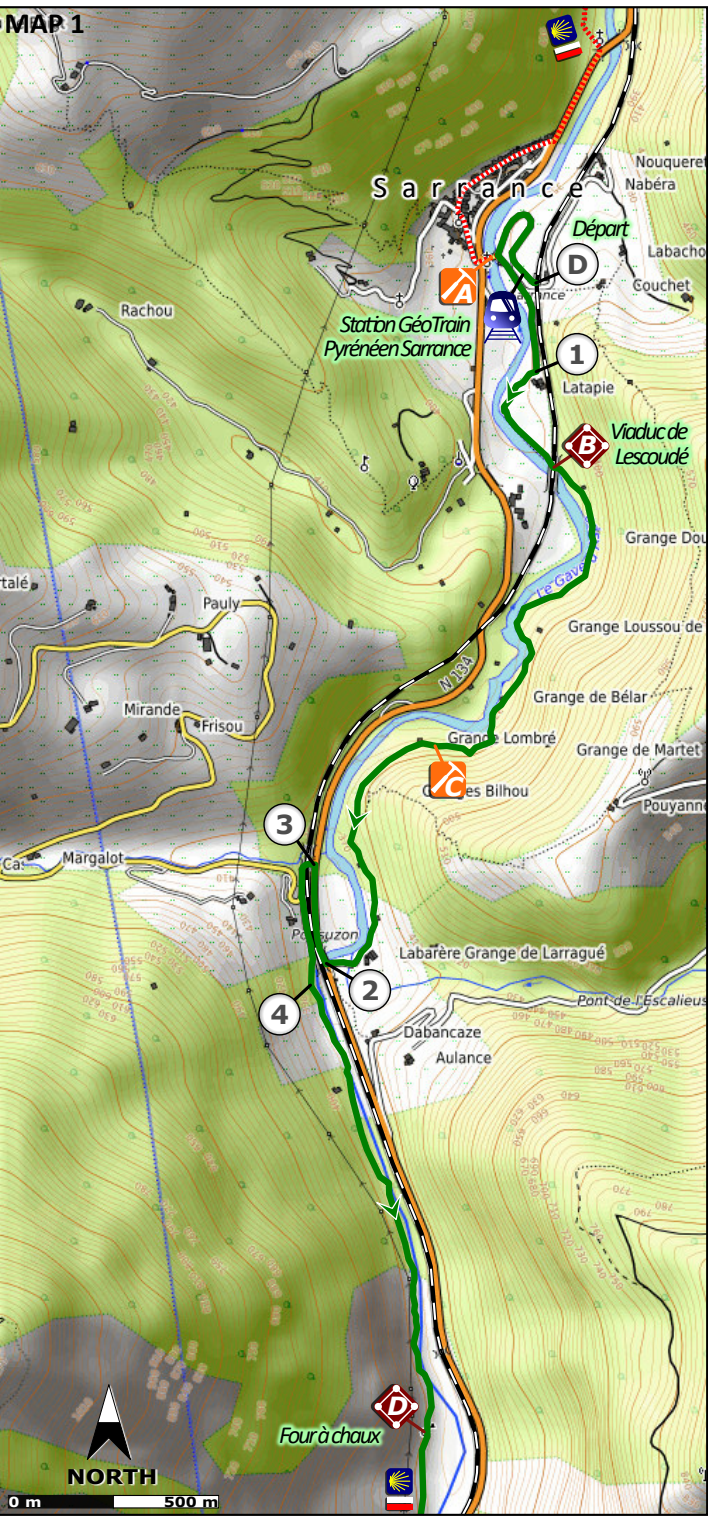


myr: Millions years

* consult the geology glossary:

www.geolval.fr/index.php/geotrain/903-le-glossaire-de-geologie

*hike duration without stop



CIRCUIT DESCRIPTION

- D** From the Sarrance train station (🚂), join the Pont du Departure Haut de Sarrance by road without crossing it (🚧), follow straight ahead the Chemin de Compostela (Voie d'Arles) - GR65.3 (🚶🇫🇷) which is firstly paved, leave this road on the right.
- 1** 0h10 Before the Latapie house, continue along a path on the right bank of the Gave d'Aspe. Pass under the arches of the Lescoudé Viaduct (🚂), then through a succession of fairly airy passages secured by low walls and handrails (🚧).
- 2** 0h55 Join the RN134 at Pontsuzon and carefully follow alongside to the right for 250m towards Sarrance until the junction of the D241 going to Lourdios-Ichère.
- 3** 1h00 Turn left, passing under the railway line, and 120m further on leave the D241, to join the left bank path again 120m further on.
- 4** 1h05 A few narrow passagess (🚧) overlook the Gave d'Aspe under the Pic du Layens. The view finally emerges over the Vallon de Bedous on the outskirts of Ferme Portaricq served by a road.
- 5** 1h55 Follow this road and go along the Noucarrou district. At the following two branches turn left, until the junction of the D237 going to the village of Osseen-Aspe (bus shelter at the crossroads) (🚶).
- 6** 2h15 Take this road on the left in the direction of Bedous. On the descent, cross the Gave d'Aspe and the level crossing. Leave the Voie d'Arles (🚶🇫🇷); turn right onto a pedestrian path leading directly to the Bedous Station (🚂).
- A** 2h30 Arrival
- 400m
- 350m
- D 2km 5km 8km A